



COVID-19

Community support leaflet

Information for local people

Town Council would like to help in supporting the health and wellbeing of the community and assisting more vulnerable residents.

With the help of the local support group volunteers and various agencies in the area, this leaflet has been produced to identify resources and support that are available.

Please contact these schemes directly if you need assistance. If we all work together we can reduce worry and isolation and get practical assistance when it is most needed.

Ensure that you follow Government guidance.

**PLEASE DO NOT GIVE PERSONAL OR BANK DETAILS TO ANYONE
(PARTICULARLY ONLINE OR OVER THE PHONE)**

Local Councillors are
available to assist:

#protecttheNHS #protectyourselfprotectothers



Councillor J Bond (Castle)
01291420188/07798828309

- PLEASE CONTACT CLLR BOND FOR PRESCRIPTION COLLECTIONS

**Councillor J Dobson-
Pettican (West End)**
07305267076

Councillor M Mitchell (Dewstow)
07794531095 / 01291421445

**Councillor D Nee
(Green Lane)** 01291423476

Councillor A Lloyd (Severn)
01291424886

County Councillor A Davies (Green Lane)
01291424944

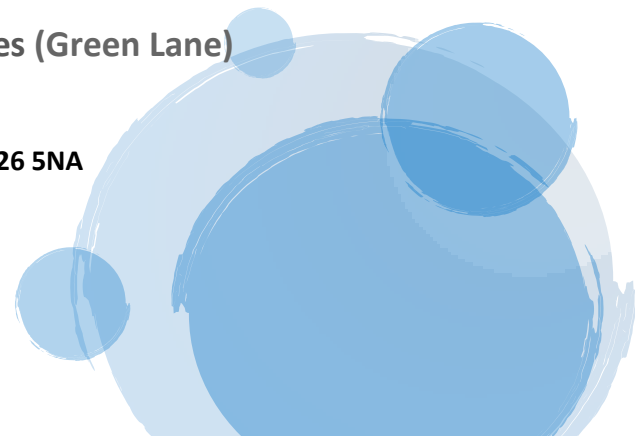
Caldicot Town Council, Town Council Office, Sandy Lane, Caldicot, NP26 5NA



01291 420441



www.caldicottc.org.uk



Useful Telephone Numbers

Monmouthshire County Council – 01633 644 644

Free School Meals

For the week beginning Monday 30th March 2020, we will continue to provide a lunch to all of our children who are eligible for a free school meal. This will be made available from each of the schools (listed below) and will be either a hot meal or a packed lunch on a 'grab and go' basis. This will be available between 12pm and 1.30pm.

- Deri View Primary School and Llanfoist Fawr Primary School in Abergavenny;
- Dewstow Primary School and Rogiet Primary School in Caldicot;
- Thornwell Primary School in Chepstow;
- Overmonnow Primary School in Monmouth; and
- Raglan Church in wales Primary School in the Rural Heart of Monmouthshire

Waste and Recycling

All Household Waste recycling Centres are CLOSED

Delivery of recycling bags, please text **Caldicot Town Team** 07543332368

Partner Agencies

Welsh Government

www.gov.wales/safe-help

NHS Direct Wales

www.nhsdirect.wales.nhs.uk

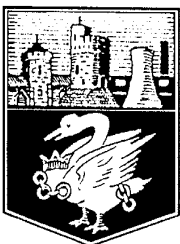
Aneurin Bevan University Health Board

www.bit.ly/aneurinbevancovidinfo

Public Health Wales

www.phw.nhs.wales

Caldicot Town Council, Town Council Office, Sandy Lane, Caldicot, NP26 5NA



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Useful Telephone Numbers

Support Organisations

Citizens Advice – adviceline 0300 330 2117

Caldicot Food Bank - 07925285994

Age Cymru - 08000 223444

A check-in-and-chat telephone service for over 70s in Wales who live alone.

Mind Cymru Helpline - 0300 1233393

Support for mental health.

Community Advice and Listening Line (C.A.L.L.) –
0800 132 737

Information and support for people experiencing a mental health problems.

Samaritans – 08457 90 90 90

24 hour access to confidential, non-judgmental emotional support.

Drug and Alcohol Support - 0333 999 3577

If you live in **Social Housing**, your landlord will be offering support:

Monmouthshire Housing Association - 0345 677 2277

Charter Housing - 01633 212375

Melin Homes - 01495 745910

Facebook users can seek further support by joining the CALDICOT and local area COVID-19 Support group.

Caldicot Town Council, Town Council Office, Sandy Lane, Caldicot, NP26 5NA



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Useful Telephone Numbers

Local Businesses Offering Delivery

Mead Farm Foods - 01633 881401

Milk, fresh orange juice, bread, bacon, cream, butter, eggs, porridge, muesli, jams, honey and milk alternatives.

Bradbury Milk - 01291 421177

Milk and other basic food items

Clarks' Butchers - 01291 420364

Delivering twice a week. Please phone find out what they have in stock.

Monmouthshire Meals on Wheels - 01873 882910

Hot meals and puddings for elderly residents

The Castle Inn - 01291 430830

Homemade chilled food, vegetables and groceries for the elderly and self-isolating.

Pickled Pumpkin Catering - 07498 725156

Next day delivery on grocery items, dry goods and cleaning products.

Wiltshire Farm Foods - 0800 0773100

Meals to freeze and reheat when required

The Baguette Shop - 01291 424249

Rolls, sandwiches, drinks and cakes. Please contact for a full list. NB: Minimum order £10

Perfect Pet Services - 01633 400993

Pet supplies

Newspapers and Magazines - 07971061495

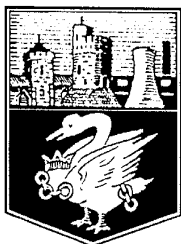
Minsterworth Butchers - 01452 730237

Telephone orders only.

The Measure (call after 3pm for food deliveries) 01291422876

The Co-op food deliveries 03300417784

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